

THE FOOD BANK @ ST. MARY'S



Impact report FY 21-22



Student drawings from WA Middle School



DIRECTOR'S STATEMENT

Residing in The Jackson Place Community Neighborhood since the mid 1940's, the mission of The Food Bank @ St. Mary's has been: "Supporting our Community with Hospitality, Respect, and Nutritious Food." Today, we continue that quest to serve those in need of hunger relief, by providing food and groceries for ALL in our community. We believe in a world where hunger does not exist and are fortunate to have a caring community supporting our work towards reaching that vision.

Washington State ranks 34th in food insecurity and is a grim reality for 1 in 10 Washingtonians with more than one million residents using a food bank last year. It is especially a daily struggle for the most underserved, underrepresented, and vulnerable in our community. During the past few years, The Food Bank @ St. Mary's has overcome many of the challenges the pandemic presented - including a severely strained food supply system. Yet, we were able to provide more than 3 million pounds of food to almost 110,000 households (consisting of more than 153,000 individuals) in our community last year alone.

The Food Bank @ St. Mary's plays a unique role in securing and distributing rescued and donated food at no cost to recipients. Each month, our programs support walk-in clients, homebound individuals, and kids and their families in Seattle schools. We engage and involve those in the community with the opportunity to participate thru volunteerism. More than 100 volunteers help throughout the year and assist staff: providing more than 27,000 hours of donated time annually.

As we continue to seek innovative and effective solutions to address hunger, we look to our community of donors and partners to join us in this fight against food insecurity. Help us continue to provide hunger relief programs and services to the diverse population in our community - Seattle's Central District. We take pride in being able to provide fresh, nutritious, culturally appropriate food and groceries for our community.

On behalf of our board, staff, volunteers, and clients we serve,
Thank you.

BRUCE WOOD

Executive Director

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OUR PROGRAMS & SERVICES

Walk-in: This program operates every Monday, Wednesday, and Friday from 10 am - 1 pm. Clients can choose from selections of meat, seafood or vegetarian options, dairy, canned items, bread, fresh produce, frozen food, and dry goods. Hygiene products are also distributed as they become available.

No-cook: This program provides about 100 homeless individuals each month with a bag of non-perishable, easy open groceries. Ready-to-eat foods such as sandwiches, salads, vegetables, and fruit are added to the bags as they are distributed to individuals. During winter, socks, hats, gloves and even sleeping bags are given when available. This program takes place during regular Walk-in dates and times.

Home delivery: This program serves those who are low-income and home-bound whether due to age, chronic illness and/or disability. Volunteer drivers pick up and deliver groceries directly to clients residing in 16 different apartment buildings, serving about 200 people each week. Dietary restrictions and special needs are considered when preparing the bags.

Backpack: This program partners with the Seattle School District with two local sites – Washington Middle School and Seattle World School. It ensures that children from homeless and low-income families go home with “kid-friendly,” easy to open, nutritious food during the week and school holidays, and provide meals for the entire family over the weekend.

Baby corner: This program distributes bags which include formula, baby food, baby wipes, diapers and household items needed by young families. We provide distributions the first full week of the month.

Mobile Food Bank: In this program, the food is brought to the Filipino Community Center, ReWA (Refugee Women’s Alliance), St. Francis House, and Compass Center. The Mobile Food Bank distributes food to more than 2,600 people each month - all who mostly live in South, Central and SE Seattle.

2021-22 Numbers

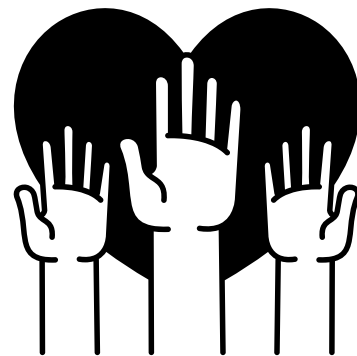
153,766
Clients
served

3,181,593
Pounds of
food received

9,354
Home
deliveries

4,500
Bags of
groceries
for schools

VOLUNTEERS & CLIENTS



We are so grateful for our ~100 volunteers that served with us this year! They donated **27,832 hours** of their time throughout the year! They volunteered in many different capacities, including: distributing food, sorting food, delivering food to homes, checking people in, picking up food from various donors, various administrative tasks and so much more.

"Volunteering at St. Mary's has been a great experience on many levels. I feel connected to the visitors who depend on The Food bank's walk-up hours, and I'm grateful to the group of regular volunteers dedicated to delivering groceries to homebound individuals. I've learned a great deal from Deep, the Operations Manager, about the specific needs of St. Mary's customers and generous donor partners. The Food Bank at St. Mary's is a wonderful collage of people working together to support the community in important ways from multiple angles!"

-Connie (Volunteer since March of 2020)

"The Food Bank at St. Mary's always supplies me with food I need when money runs out. The selection of high quality sources of protein and complex carbohydrates necessary to regulate my health puts FBSM at the forefront of any food bank I have ever had need to use. The items you provide are from stores I shop at when my budget allows or a holiday check from friends or family arrives [...]. The staff are welcoming and like helpful neighbors, when I visit once or twice a month. [...] Thank you for your hard work, time, friendly staff and good, nourishing food."

-Walk-in food bank client

"You have not just provided quality and nutritious food to many low income seniors. You have provided this amazing food to many people here who before were not financially able to eat well and often went hungry. [...] They met one another and small talk took place in the hall as they waited to get in. [...] This food became the conduit that opened relationships between people who had stayed separate and private and did not reach out to others. Our 'community' has become a better place to live because you and you[r] partners meet a basic human need for so many people!"

-Compass Center resident (Mobile Food Bank)

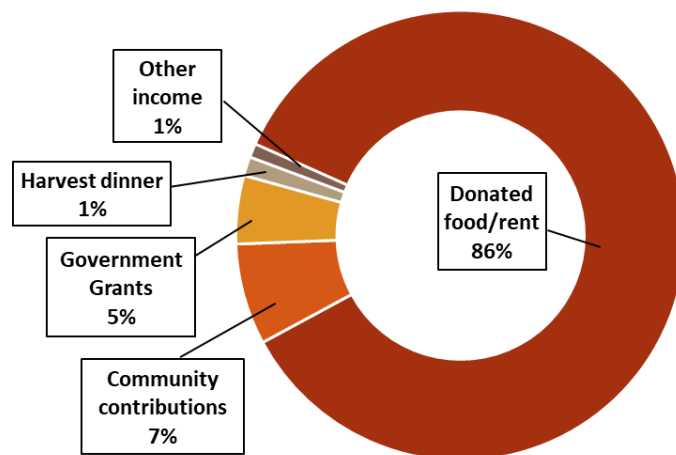
FINANCIAL OVERVIEW

OPERATING STATEMENT

For the year ended June 30, 2022 - Audited

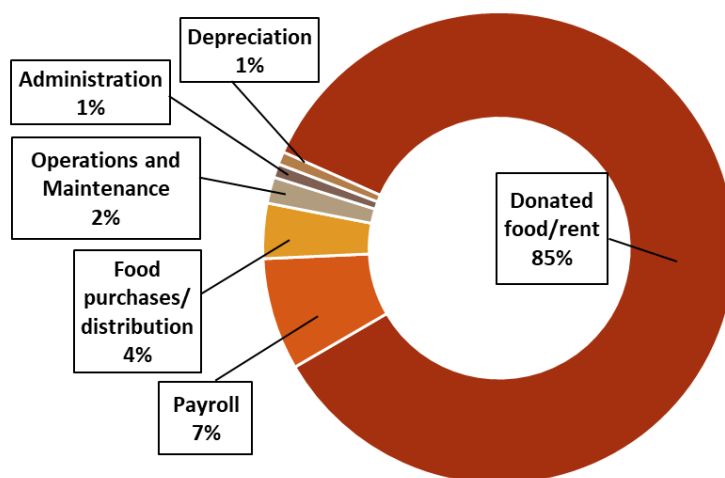
Support and Revenue

Donated food	5,790,499
Contributions	500,355
Government Grants	337,955
Harvest Dinner	93,809
Donated Rent	86,750
Other income	4,190
Total support and revenue	6,813,558



Expenses

Donated food	5,790,499
Payroll	531,401
Food purchases/distribution	261,315
Operations and maintenance	124,299
Donated Rent	86,750
Administration	65,129
Depreciation	59,856
Total expenses	6,919,249



ACKNOWLEDGEMENTS

THANK YOU to our amazing volunteers! Your drive and passion to help others is unmatched! We couldn't do this without you.

THANK YOU to our generous donors! From individuals to organizations to corporations and churches, your support ensures that the people in our community do not go without food.

THANK YOU to all of people who supported us through food drives and donations! We are so grateful for the schools, hospitals, and individuals for organizing and donating food to the community.

THANK YOU to our dedicated board members! Your time, talent, and leadership is much needed for us to run smoothly.

THANK YOU to our hard-working staff! Your dedication through these past hard few years has kept us from closing our doors.

THANK YOU TO OUR PARTNERS:



THANK YOU FOR YOUR CONTRIBUTION TO MAKING TANGIBLE DIFFERENCES IN PEOPLE'S LIVES!