

THE FOOD BANK @ ST. MARY'S



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FOOD BANK
@ST. MARY'S

Supporting our Community with Hospitality, Respect, and Nutritious Food
Impact Report FY 2023-2024



DIRECTOR'S STATEMENT

It has been my pleasure to oversee the progress of The Food Bank @ St. Mary's. We're coming up on our 80th year as a non-profit, it is incredible what has come from what once was a pantry in the closet of a church. Our dedication to our mission statement has been the driving force of our reputation as a place of care and food. *Supporting our community with hospitality, respect, and nutritious food* has been possible because of our incredible volunteers, donors, community partners, and staff. You make this mission possible.

Each week, we serve around 2,000 households. These weekly groceries are life changing to families in our community. The average weekly cost of groceries in Washington State is \$287; that means The Food Bank saves just one family over \$15,000 a year.

On behalf of our board, volunteers, staff, and clients we serve, thank you. Your support, energy, and advocacy are priceless. Thank you for taking our mission of hunger relief and running with it.

BRUCE WOOD

Executive Director



23RD ANNUAL HARVEST DINNER

On September 30, 2023, community members, volunteers, longtime St. Mary's parishioners, and more came together again for our 23rd Annual Harvest Dinner! Hosted at the Northwest African American Museum, guests had museum exhibit access, a plated dinner, and many auction items to bid on. It was the first in-person fundraiser since 2019 and the event raised over \$150,000! All funds raised allowed us to keep our vital programs available to our community free of charge.



A Huge Thank You To Our Event Sponsors!

Greg & Beverly DiMartino • Julie & Pat Callahan • John & Lilli Pietromonaco • Sisters of Providence • Steve & Tricia Trainer • GenCap Construction • Pat & Joe Desimone • Mary Ann Knowles • Our Lady of The Lake Catholic Church • St. Francis of Assisi • St. James Cathedral • Judy Callahan • Craig & Jane Spencer • A Girl & Her Dog • Greenwood Ohlund • Holy Rosary Parish • Anonymous

OUR PROGRAMS & SERVICES

Walk-In: This program operates every Monday, Wednesday, and Friday from 10 am - 1 pm. Clients can choose from selections of meat, seafood or vegetarian options, dairy, canned items, bread, fresh produce, frozen food, and dry goods. Hygiene products are also distributed as they become available.

No-Cook: This program provides about 100 homeless individuals each month with a bag of non-perishable, easy open groceries. Ready-to-eat foods such as sandwiches, salads, vegetables, and fruit are added to the bags as they are distributed to individuals. During winter, socks, hats, gloves and even sleeping bags are given when available. This program takes place during regular Walk-in dates and times.

Home Delivery: This program serves those who are low-income and home-bound whether due to age, chronic illness and/or disability. Volunteer drivers pick up and deliver groceries directly to clients residing in 16 different apartment buildings, serving about 200 people each week. Dietary restrictions and special needs are considered when preparing the bags.

Food for Schools: This program partners with the Seattle School District with three local sites – Washington, Middle School, Franklin High School, and Seattle World School. It ensures that children from homeless and low-income families go home with “kid-friendly,” easy to open, nutritious food during the week and school holidays, and provide meals for the entire family over the weekend.

Baby Corner: This program distributes bags which include formula, baby food, baby wipes, diapers and household items needed by young families. We provide distributions the first full week of the month.

Mobile Food Bank: In this program, the food is brought to the Filipino Community Center and the Compass Center. The Mobile Food Bank distributes food to more than 2,200 people each month - all who mostly live in South, Central and SE Seattle.



2023-24 Numbers

107,271
Client
visits

2,274,304
Pounds of food
distributed

11,672
Home
deliveries

7,280
Bags of
groceries
for schools

204
Days open
for service

~ 20
Food donation
partners

VOLUNTEERS

We are so grateful for our ~100 volunteers that served with us this year! They donated **22,702 hours** of their time throughout the year! That is equivalent to 11 full-time employees. They volunteered in many different capacities, including: distributing food, sorting food, delivering food to homes, checking people in, picking up food from various donors, various administrative tasks and so much more.



"I'm coming up on my 4th year as a volunteer! I love that I get to rotate through the different volunteer opportunities. Each year I get to learn new languages - I love the cultural connections that take place here. I learned about The Food Bank @ St. Mary's as a client, and now I get to give back to my community as a volunteer. This is life changing work! I love seeing our clients out and about, sometimes I see a client on the bus, this year he remembered it was my birthday and he sang to me. This is a very trusting and safe atmosphere, I couldn't imagine life without it!"
- Amy Sue, Volunteer since 2021



"I can't believe it's been four years since I started volunteering at the FBSM! I started during the pandemic when I had extra time, and many had extra needs. As an able-bodied person with a car, and in a phase of life where I'm not taking care of kids or elders, it felt really good contributing my time. I love the prep days where I get to work with some of the same people, month after month. I cherish the friendships formed, the cultural insights gained, and the tangible impact on those in need.

As a social justice consultant, I hope to affect long-term changes that would minimize food injustice. These shifts take time, and all the while people still struggle with food insecurity. This motivates me to keep volunteering at FBSM. I find the work satisfying and the people delightful. Most importantly, I'm glad to have a consistent opportunity to contribute my time toward the smooth running of the food bank, and the distribution of bags of food to all those who need it." - Martha, Volunteer since 2020

FINANCIAL OVERVIEW

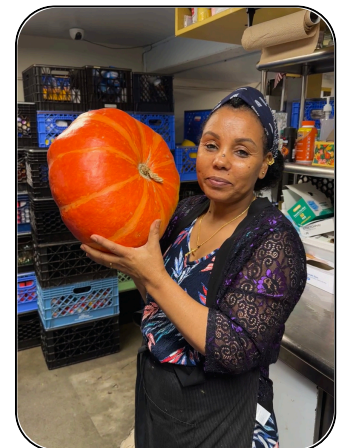
OPERATING STATEMENT

For the year ended June 30, 2024 - Audited

Support and Revenue

Donated Food	4,912,497
Community Contributions	360,252
Government Grants	345,478
Harvest Dinner Event	150,584
Donated Rent & Goods	86,748
Other income	22,474

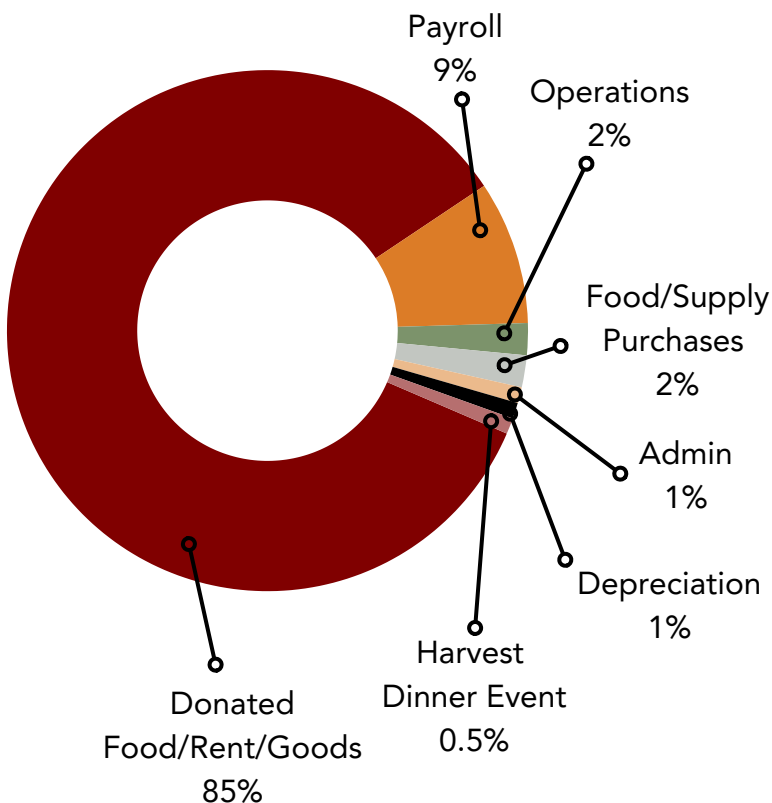
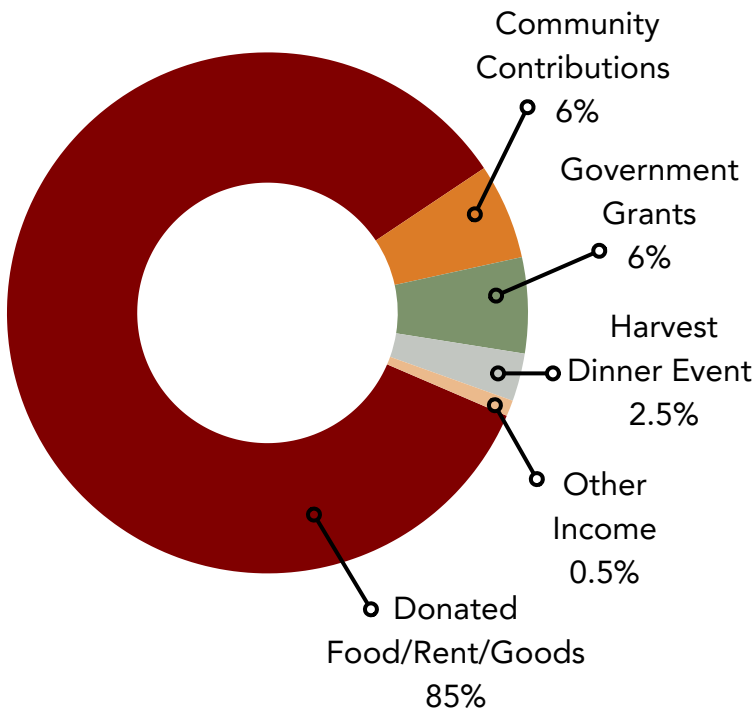
Total Support and Revenue **5,878,033**



Expenses

Donated Food	4,878,983
Payroll	513,908
Operations	113,417
Food/Supply Purchases	99,709
Donated Rent & Goods	86,748
Administrative	64,692
Depreciation	55,976
Harvest Dinner Event	30,077

Total Expenses **5,843,510**



ACKNOWLEDGEMENTS

THANK YOU to our amazing volunteers! Your drive and passion to help others is unmatched! We couldn't do this without you.

THANK YOU to our generous donors! From individuals to organizations to corporations and churches, your support ensures that the people in our community do not go without food.

THANK YOU to all of people who supported us through food drives and donations! We are so grateful for the schools, hospitals, and individuals for organizing and donating food to the community.

THANK YOU to our dedicated board members! Your time, talent, and leadership is much needed for us to run smoothly.

THANK YOU to our hard-working staff! Your dedication through these past hard few years has kept us from closing our doors.



Staff (from left to right):

- Kidane Ali — Warehouse Assistant
- Marlowe Hussey — Accounting & Administrative Manager
- Deep Singh — Operations Manager
- Saidou Jallow — Warehouse Lead
- Todd Fisher — Warehouse Assistant
- Abeba Meshesha — Warehouse Assistant
- Roque Nsungu — Warehouse Assistant
- Bruce Wood — Executive Director

Ed Hill at the Harvest Dinner Event



THANK YOU TO OUR PARTNERS:



Donate now!



THANKS TO YOU, WE CAN TURN HUNGER INTO HOPE!